JC PARKS

Coaches Meeting
Boys Jr. NBA Basketball
Oct. 8, 2026



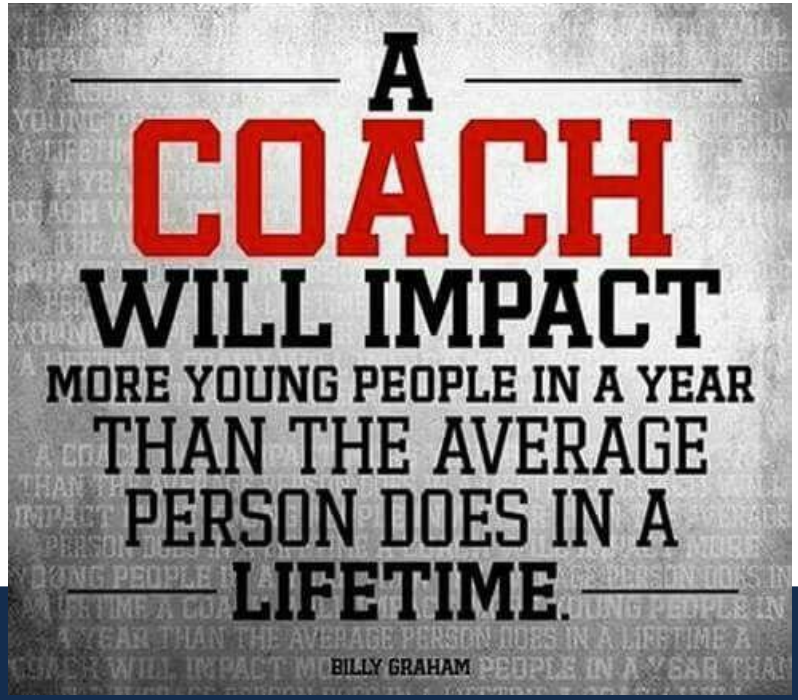
Housekeeping

- Handouts
  - Copy of PowerPoint Slides
  - League Rules
  - Indemnification form
  - Fall/Winter Program Guide
- 1 hour meeting
- Please hold your questions until the end



Thanks!

- Thank you for coaching and volunteering your time to mentor young kids.
- Great way to make a difference in our community.



THE POWER OF THE YOUTH COACH

- https://www.youtube.com/watch?v=IHtN_fvoVA8
- The future of the game is being shaped every day.
- And at the center of it are volunteer coaches.
  - Parents. Caregivers. Former players. Community members.
  - People who step forward because they care about kids and the game.

THE POWER OF THE YOUTH COACH

- It’s about the impact coaches have far beyond wins, losses, and mechanics.
- It’s about confidence.
- Belonging.
- Learning how to compete.
- Falling in love with the game.
- And giving kids a reason to keep coming back.

THE POWER OF THE YOUTH COACH

- Youth coaches may not always realize the impact they’re making.
- But the players they coach will remember it.
- Keep showing up.
- Keep teaching.
- Keep building confidence.
- Keep growing the game.

Our Goal

- Provide a safe, fun, and enjoyable youth sports experience for the kids in our community.



League Formation

Grade	Night	# of Teams
Kindergarten	Mon.	12
1st Grade	Tues.	20
2nd Grade	Thur.	12
3rd Grade	Thur.	12
4th Grade	Thur.	6
Total		**62 (484 kids)**

League Website

- I assume you have already received all the info. you need from our league website.
- If not, please refer to it or let me know if you have questions.




VOLLEYBALL COURT 3
EXIT
AALCO
PISTONS
4
5
4
GAP

Team Names/Jerseys

- NEW reversible NBA-replica jerseys will match your team name.
- Jerseys will arrive about 1-2 weeks before your first game. I will email you when they are ready, so you can pick them up at The LINC.




23

Background Checks

- We require all head coaches to submit an online criminal background check through B-Chex.
- I'll contact you if there is an issue.


HOME
GUEST
3B
PISTONS
4
CELTICS
5

Team Rosters

- Teams were formed by
  - 1. school
  - 2. reciprocal buddy requests
- For grades K-1 (3 v. 3) we prefer rosters to be about 6 players.
- For grades 2-4 (5 v. 5) we prefer rosters to be about 10 players.
- On Oct. 7, you received an email from me with your team roster and all contact info.


AALCO
4
3

Communications

- If you haven't already, please contact your team parents ASAP to:
  - introduce yourself
  - let them know they are on your team
  - inform them of any upcoming practices
  - verify their contact information, etc.
- There are also many free apps available for team communication like GroupMe & TeamReach.

Parent Meeting

- Quick meeting for 5-10 minutes before your first practice.
- Important for parents to trust you.
- Parents can meet you, you can go over your expectations, goals, etc.
- Sample Goals:
  - Have fun
  - Get better
  - Use good sportsmanship



Indemnification Form:

- Each parent on your team must fill out an Indemnification Form and return it to you.
- On the league website.
- Includes important info. like indemnification, treatment authorization, emergency contacts, & medical conditions.
- Please keep until the season is over.
- No need to submit these to me.


HOME
GUEST
5:30
3A
2A
SPURS
4
5

Certification Courses

- For all Head Coaches through the National Alliance for Youth Sports (NAYS).
- If you are a new coach to our programs, please take:
  - Coaching Youth Sports (1 hour)
  - Basic Youth Sports Safety & First Aid (45 minutes)
  - Basketball U10 (30 minutes).
- Free.
- Online at your leisure, but please allow 2-3 hours.
- NAYS will send you an automatic email with a link to the course(s) soon. I will send a follow-up email.

Certification Courses

- Benefits:
  - $1,000,000 excess liability insurance coverage.
  - access to a members-only section of the NAYS website, with coaching resources and additional free training opportunities.
    - Resource Library, Skills and Drills section, Coaching Forum, etc.

Assistant Coaches

- Assistant Coaches are NOT required to complete the coach's registration, submit the background check, or take the certification courses.



Game Schedules

- 6 games.
- Once a week.
- 1st Games & Nights, all @ The Linc:
  - K: Nov. 2, Mon.
  - 1st: Nov. 3, Tues.
  - 2nd, 3rd, & 4th: Nov. 5, Thur.
    - Make-ups games Dec. 14-30.
- Posted a week or 2 before the season starts.
- Any dates a majority of your team cannot play (i.e. school Christmas concert), please let me know ASAP. I will try to accommodate, but no guarantees.

No Rescheduling Games

- I will do everything possible to accommodate all special requests when creating the game schedules.
- Special requests need to be submitted before game schedules are posted.
- Once the schedule is out, it is very difficult and disruptive to change.
- There are many logistics and people involved.
- In addition, our available court space and time is very limited with other leagues and activities.

No Rescheduling Games

- If a team can't play, they'll need to forfeit with the understanding that we will not make it up or provide prorated refunds.
- Instead, we'll offer that game/time slot as an extra, free game to the other teams in the division.
- This allows the opponent to still play as planned and not lose out on a game.
- This also allows the league to keep a continuous schedule for the officials and staff and provide the least disruptive possible solution.

Game Times

- Start at:
  - K: 5:30, 6:15 & 7:00
  - 1st: 5:30, 6:15, 7:00 & 7:45.
  - 2nd – 4th: 5:30, 6:15, 7:00, 7:45 & 8:30.
- Games are about 40 minutes each
  - Four 8-minute quarters, running clock, & 2-minute halftime.
- Games are scheduled 45 minutes apart.


5:24
2A
SPURS
4
SPURS
5
VOLVES
1

Cancelations

- Check the JC Parks app first.
- Also, posted at: jcparks.com/cancellations.
- Email sent to coaches & parents if time allows.
- We usually make a decision at 3 PM.
- Please do not contact us, it only slows down the process. We will notify you ASAP.


MAGIC
BASKETBALL

Practices

- Head Coaches make reservations under their name.
- Starting Fri. Oct. 9 at 9:00 AM, call the front desk staff at 573-634-6482.
- Best if call Mon-Fri. 9-4 & speak to full-time staff, Luke, Jess, or Keri.
- To begin, only reserve pre-season practices from Oct. 9 to Nov. 1.
- In-season practices may be offered later.

Practices

- Free, but with limited availability, mostly on Fri. nights.
- Due to high demand, only 1 per week for 1 hour each.
- Each team should get 3 pre-season practices.
- 5, 6, 7, & 8 PM on weeknights
- 8 AM to close on weekends
    - Sat. 6 PM, Sun 10 PM

Practices

- Grades K-1 half-court. 2-4 full-court.
- Before practice, our Facility Supervisor will lower the goals to the height for your grade.
- We will not provide basketballs, so ask the players to bring their own.
- We must always keep 1 court open for Lincoln Univ. students & Linc members.
- Free to practice elsewhere if have access to a gym.

League Rules

- On the league website.
- Be very familiar with your grade/division.



Scores/Standings & Awards

- Score & standings:
  - NOT kept for grades K-1.
  - Kept for grades 2-4.
- All players receive an award medal.
- Given to you with your jerseys.
- Save & hand them out after your last game.


NUGGETS

Volunteer Scorekeepers

- Grades K-1:
  - No score so a volunteer is not needed.
  - Coaches start the clock and let it run until time expires for each quarter.
  - Since half court and the clock shows the same for both sides (Court 1A & 1B), make sure all 4 teams are ready to begin.

Volunteer Scorekeepers

- Grades 2-4:
  - Each team needs 1 volunteer.
  - 1 volunteer to complete the scoresheet and 1 to run the clock.
  - Make sure your volunteer records the final score.
  - Simple directions on how to run the scoreboard are on the score table.


GUEST
2A
HOME
GUEST

Team Equipment

- For games, we will provide a few basketballs at each court for warm-up and a game ball.
  - Placed under the score table in a mesh bag.
  - Make sure all basketballs are returned to the bag after each game.

Jewelry

- For player safety, any jewelry, like ear rings, necklaces, & bracelets are not allowed while playing.



Jerseys

- Home team wears light side out.
- Away team wears dark side out.
- Must always be tucked in.
- Coaches do not receive a coach’s shirt.

Sportsmanship

- Everyone must always use good sportsmanship and conduct themselves in a professional and respectful manner.
- This includes all coaches, players, parents, and fans.
- Head Coaches are responsible for the behavior of everyone associated with their team.



Sportsmanship

- We have a zero-tolerance policy and will not tolerate bad sportsmanship.
- Consequences will include ejections, suspensions, removal from the league and any means necessary.



Sportsmanship

- Respect your opponent and do not run up the score.
- Sub different kids at various positions to help keep the score more competitive when needed.



Playing Time

- Equal playing time is required in this league.
- Plan playing time before the game begins.
- Have it on a sheet for reference during the game.

Date

Nuggets Basketball-Sub Rotation

Checkbox	QTR.	PLAY				
	1A	Vincent	Hudson	Corbin	Jesse	Will
	1B	Cannon	Brayden	Franky	Jace	Evan
	2A	Vincent	Hudson	Corbin	Jesse	Will
	2B	Cannon	Brayden	Franky	Jace	Evan
	3A	Vincent	Hudson	Corbin	Jesse	Will
	3B	Cannon	Brayden	Franky	Jace	Evan
	4A	Vincent	Hudson	Corbin	Jesse	Will
	4B	Cannon	Brayden	Franky	Jace	Evan
Blue team		Vincent	Hudson	Corbin	Jesse	Will
Yellow team		Cannon	Brayden	Franky	Jace	Evan


HOME
CELTICS
3
PISTON
1
2
PISTONS
2
10
ARRIS
Bistro

Officials

- Officials:
  - Grades K-1, the coaches are the officials.
    - Please bring a whistle and enforce the rules.
  - Grades 2-4, we will provide 2 officials for each game.
  - From Proactive Coaching:
    - Coaches who spend more time trying to influence officials than they do coaching their team are embarrassing to the profession and hurting their team because it sends the message to the players that you don’t trust them to deal with adversity.

Facility Supervisors

- On site @ The Linc.
- If you need assistance, please ask.
- Report all emergencies, accidents, incidents, etc. to them ASAP.
- Please be considerate and respectful.


CELTICS
SPURS
5
RAPTORS
3
HEAT
10
PISTONS
5
PISTONS
2
LAKERS
3
ROCKETS
3
WARRIORS
3
BULLS
3
CAVS
5
CAVS
3

Survey

- End of each season, I email a brief online survey to all coaches and parents.
- Please take the time to offer us constructive feedback so we can continue to improve.



Questions?



Thanks again!

- Thanks again for coaching and for your time and effort as we all work together to provide a safe, fun, and enjoyable youth sports experience for the kids in our community

JC PARKS

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