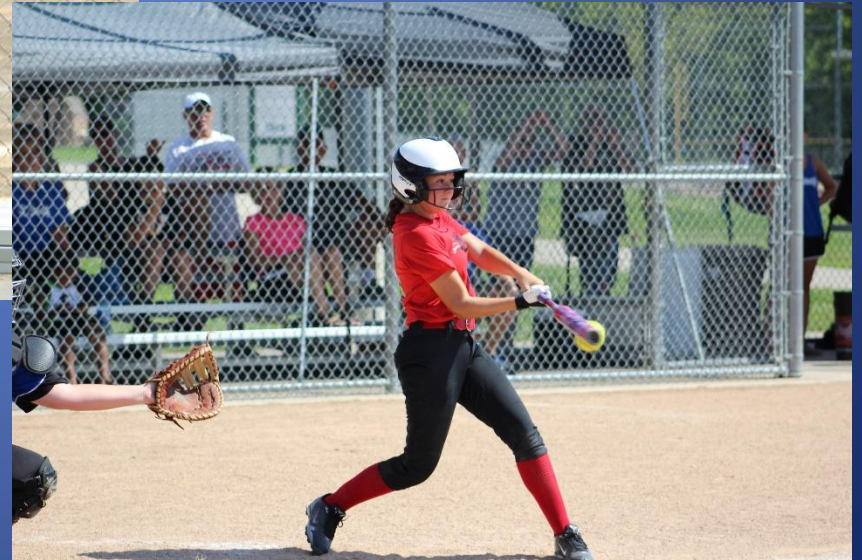




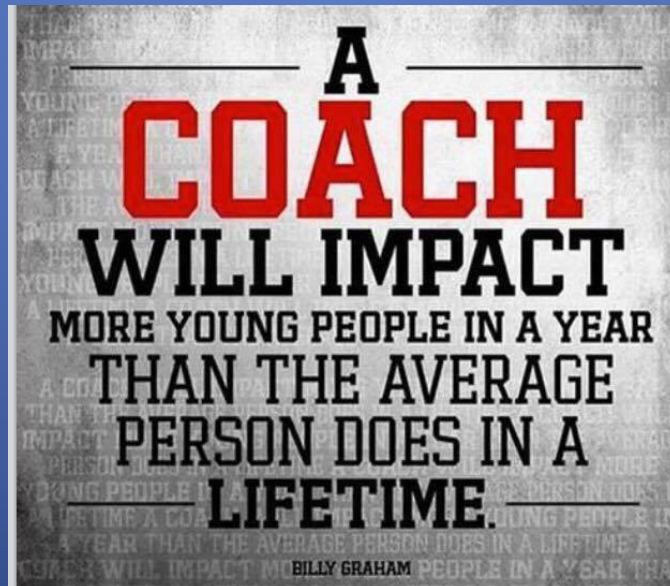
JC PARKS

Head Coaches Meeting Tee-Ball/Coach-Pitch April 9, 2025



Thanks!

- Thank you for coaching and volunteering your time to mentor young kids.
- It's rewarding, impactful, & a great way to make a difference in our community.



Housekeeping

- Handouts
 - Ice Cream Coupons (1 pack per team)
 - PowerPoint Slides
 - League Rules
 - Indemnification Forms
- Hold your questions until the end please.
- 45-minute meeting, then 15-minute equipment check-out.

League Formation:

Division	# Teams	Night	Game Location
Pre-K Boys & Girls Tee-Ball	10	Mon.	North Jeff
Kindergarten Boys Tee-Ball	8	Tues	North Jeff
Kindergarten Girls Tee-Ball	4	Tues.	North Jeff
1 st Grade Boys Tee-Ball	5	Wed.	North Jeff
1 st Grade Girls Tee-Ball	4	Wed.	North Jeff
2 nd Grade Boys Coach-Pitch	4	Thur.	North Jeff
3 rd Grade Boys Coach-Pitch	5	Thur.	Lions
2 nd -3 rd Grade Girls Coach-Pitch	5	Thur.	North Jeff

League Websites

- I assume you have already received all the info. you need from our league website.
- If not, please refer to it or let me know if you have questions.

Background Checks

- Part of the Coach's Registration
- Required for all head coaches
- Quick, online criminal background check through B-Chex.
- Take 1-2 days to be approved.
- Good for 2 years.



Team Sites

- Online team site from TeamSideline (software provider) so you can see the players on your roster, the parents, and their contact information.
- You received an automatic email on **Mon. April 7** with a link to your team site from TeamSideline, followed by an email from me.
- If any information is incorrect, please let me know ASAP.

Team Rosters

- 10-12 players.
- Teams were formed by reciprocal buddy requests and schools.
- Be prepared for absences and injuries that may arise.

Communications

- If you haven't already, please contact your team parents ASAP to:
 - introduce yourself
 - let them know they are on your team
 - verify their contact information, **correct grade**, etc.
- There are also many free apps available for team communication like GroupMe, TeamReach, etc.

Parent Meeting

- Please set up a Parent Meeting so they can meet you and so you can go over your expectations, goals, etc.
- This can just be a quick meeting for 5-10 minutes before your first practice.
- **Sample Goals:**
 - Have fun
 - Get better
 - Use good sportsmanship



Indemnification Forms

- Each parent on your team must fill out an Indemnification Form and return it to you.
- Copy in your handouts & on our league website.
- Includes important information like indemnification, treatment authorization, emergency contact info. and medical conditions.
- Please keep these forms until the season is over.

Certification Course

- We certify all head coaches through online courses from the National Alliance for Youth Sports (NAYS).
- If you are a new coach to our programs, you will need to take:
- **Coaching Youth Sports Intro.** (1 hour)
- **Basic Youth Sports Safety & First Aid** (45 minutes)
- **Baseball or Softball** (30 minutes).
- There is no charge for this. We pay the \$16 fee.
- It can be done online at your leisure, but please allow 2-3 hours for this.
- NAYS & I will send you an email soon with more info.

Certification Course

- After completion, coaches become full members of NAYS.
- Coaches receive \$1,000,000 excess liability insurance coverage while coaching.
- Also includes other coaching resources, additional free trainings, Skills and Drills, Coaching Forum, etc.
- If you have taken the general course, but not the baseball or softball course, I will add that for you.
- If your membership has expired, I will renew it for you.
- If you are certified through another baseball or softball organization (ASA, USA, USSSA, etc.) please email me your membership card to verify exemption.

Assistant Coaches

- Assistant Coaches do not need to register, complete a background check, or take the certification courses.



Game Schedules

- All teams will play 6 games.
- Games are once a week beginning **May 19.**
- Game schedules will be posted **around May 1** at: teamsideline.com/jeffersoncity
- **If there are any dates a majority of your team is not able to play, please let me know ASAP.** I will try to accommodate, but no guarantees.

Rescheduling Games

- I will do everything possible to accommodate all special requests when creating the game schedules.
- Special requests need to be submitted before game schedules are posted.
- Once the schedule is out, it is very difficult and disruptive to change.
- There are many logistics and people involved.
- In addition, our available field space and time is very limited with other leagues and activities.

Rescheduling Games

- If a team is not able to play, they'll need to forfeit with the understanding that we will not make it up or provide prorated refunds.
- Instead, we'll offer that game/time slot as an extra, free game to the other teams in the division.
- This allows the opponent to still play as planned and not lose out on a game.
- This also allows the league to keep a continuous schedule for the officials and staff working that day and provide the least disruptive possible solution.

Game Times

- Tee-Ball games start at:
 - **5:30, 6:30, & 7:30**
 - OR **6:00 & 7:00**
- Coach-Pitch games start at:
 - **5:30 & 6:45 for girls**
 - **5:30 & 7:00 for boys**
- See League Rules for max. innings or time limits.
- Teams can warm up in the nearby open area 30 mins. prior to each game.

Game Cancellations

- In case of inclement weather, please [sign up](#) to receive text alerts from JC Parks via TeamSideline.
- I will also send an email to coaches & parents.
- I will also post it on:
 - jcparks.com/cancellations
- I usually decide on cancellations at about 3 PM. Please don't contact us, we will let you know ASAP.
- Sometimes it is a game-time decision.

Practices

- Free pre-season practices
- Only at North Jeff Blue & Red Game Fields.
 - 904 4th Street, Jefferson City, MO 65101
- The other fields are for practices for the four older baseball/softball leagues.
- **I will open the reservations for practices at North Jeff soon.**
- Practices from **April 14 to May 18**. The season starts on Mon. **May 19**.
- One a week. Should give each team 5 practices.
- Weeknight practices at 5:30 & 6:30 for one hour each.
- Weekend practices available all day for 90 minutes each.

Practices

- Must be complete before dark because these fields do not have lights.
- We provide tees and balls in a large metal storage box (unlocked) next to each field. The bases are on the field.
- There is a portable restroom (handicap accessible) available.
- We may offer in-season practices later if possible.
- Another option is free, walk-on practices at North Jeff Practice Fields 1-10 anytime. Not in great shape or well maintained.
- Of course, you are free to schedule practices at other fields in the area that are not owned by JC Parks.

Practices

- **Who:** All practice reservations must be made by the Team Manager or Head Coach.
- **Miscellaneous:** We will try to drag the infields as often as possible. Baselines/batter's boxes will not be provided. The fields are always unlocked so you do not need to check out a key.

Practices

- **Practice Cancellations:**

- In case of rain or wet field conditions.
- If our ball field crew can check the fields and I am able to send out an email by 3:00 PM on weekdays, we will.
- If not, cancellations are up to the Head Coach. If the infield is too wet, you can still use the outfield grass if possible.
- Please use good judgement. If in doubt, please cancel. You will be held liable for any damages to the field.
- I only need to know about cancellations if you have a change of plans for something other than rain or wet fields. I am the only user able to cancel practices. The system won't allow you to do it.

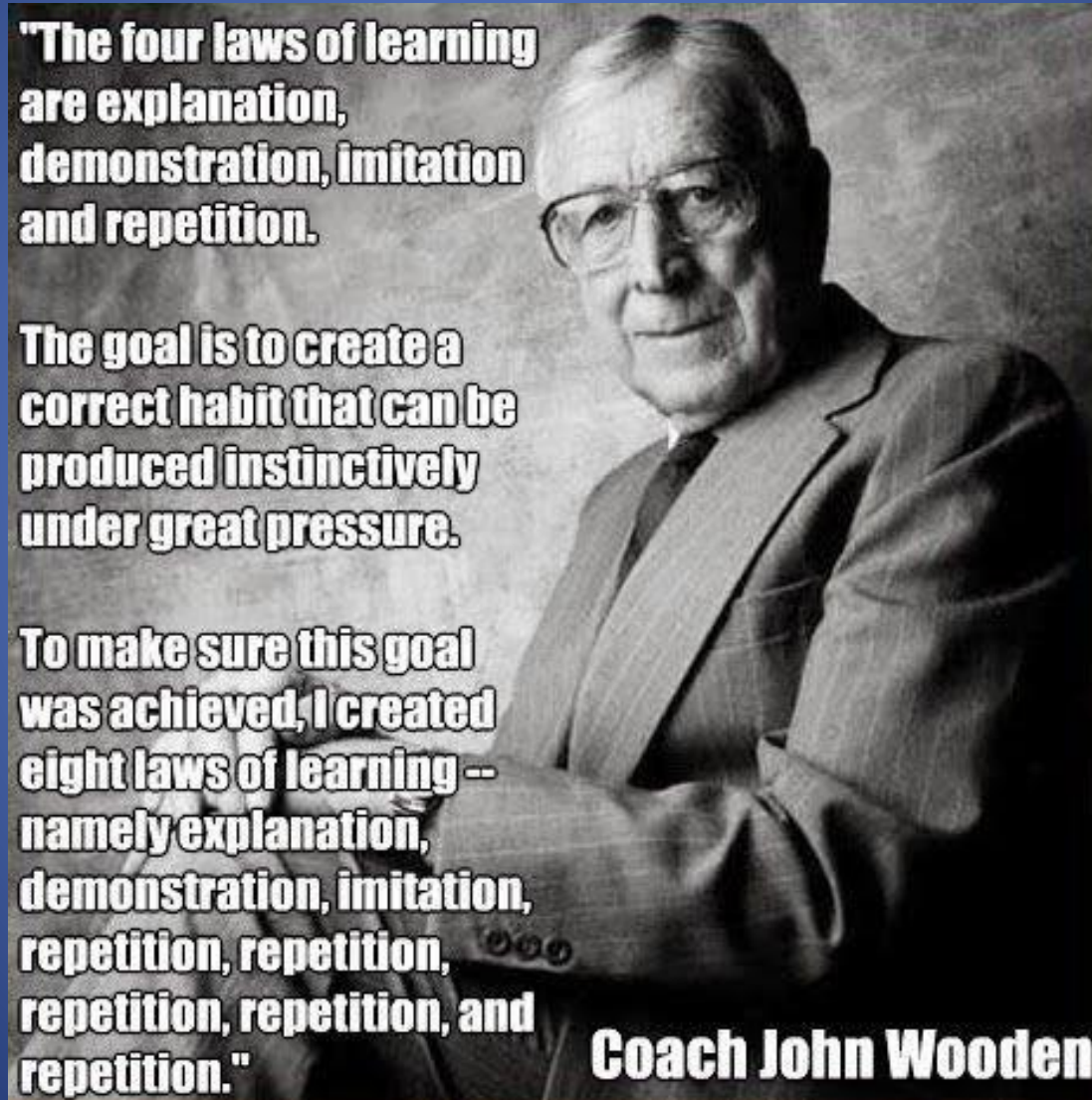
Practices

"The four laws of learning are explanation, demonstration, imitation and repetition.

The goal is to create a correct habit that can be produced instinctively under great pressure.

To make sure this goal was achieved, I created eight laws of learning -- namely explanation, demonstration, imitation, repetition, repetition, repetition, repetition, and repetition."

Coach John Wooden



Team Equipment

- Equipment check-out in the Gym following this meeting.
- We no longer require a \$100 deposit, but you are responsible for about \$100-\$250 worth of equipment.
- Everyone will be issued a 2-year-old set of helmets.
- Please remove the stickers from the front of each helmet.
- Coach-Pitch gets a 1-year-old set of catcher's gear (face mask, chest protector, & shin guards. No mitt.) with an equipment bag.

Equipment Return

- A date & time will be announced for an Equipment Return once all of our leagues are complete, usually in mid-July.
- Please do not return your equipment early.
- If you fail to return the equipment on time, or if it is badly damaged beyond normal wear and tear, you are responsible for the cost of the equipment and/or any possible legal fees incurred.

Individual Equipment/Gear & Jewelry

- We do not provide bats, pants/shorts, ball gloves, cleats/spikes, etc.
- For player safety, jewelry (ear rings, necklaces, bracelets, etc.) are not allowed while playing.



Game Balls

- The umpires will provide 1-2 game balls for each game.
- Please have your players retrieve foul balls on your side of the field and return them to the umpire.



Team Shirts & Hats/Visors

- We provide all players with team shirts.
- **Also, boys get hats & girls get visors.**
- I will let you know when everything comes in so you can pick the items up at The LINC.
- Head Coaches will receive a team shirt but not a hat or visor.

League Rules

- Complete League Rules are on the league website and in your handouts.
- Please be very familiar with the rules of your division.



Playing Time

- **Equal playing time** is required.
- I've found that it works well to plan this out and write/type it out before the game begins.



Score/Standings & Awards

- Score and standings are not kept.
- All players receive an **award (medal)** at the end of the season.
- I will include these in your bag when you pick up your uniforms or email you when the awards come in so you can pick them up at the front desk of The LINC.

Sportsmanship

- Everyone must always use good sportsmanship and conduct themselves in a professional and respectful manner.
- This includes all coaches, players, parents, and fans. Head Coaches are responsible for the behavior of everyone associated with their team.
- We have a zero-tolerance policy and will not tolerate poor sportsmanship from anyone.
- Consequences will include warnings, ejections, suspensions, removal from the league and any means necessary to ensure the kids have a safe, fun, and enjoyable youth sports experience.

Sportsmanship



The trouble with being a good sport is that you have to lose to prove it.

Umpires/Facility Supervisors

- We will provide 1 umpire for each game & field.
- At North Jeff, the umpire is also the Facility Supervisor. At Lions, we will have both.
- If you need any assistance, please talk to them.
- Please report all emergencies, accidents, incidents, etc. to them ASAP.
- These are high school and college students who are working hard to get experience and learn the profession.
- Please be considerate and respectful in all interactions with them.

Pre-Game Meeting

- 10 minutes before each game the umpire and the Head Coaches will meet at home plate for a Pre-Game Meeting. The designations for home and away teams are listed on the games schedule so no coin flip is needed. During this meeting, the umpires will explain the ground rules for the field and answer any questions coaches may have regarding the league rules. The umpire will then let both Head Coaches know:
- 1. Any poor sportsmanship by anyone associated with their team will not be tolerated.
- 2. Head Coaches are responsible for anyone associated with their team and will be held accountable for it.
- 3. All interactions with the umpire need to come exclusively through the Head Coach.

Pre-Game Meeting

- 4. Any calls made by the umpire will not be argued by anyone.
- 5. Consider this conversation a warning. Any violation of these rules will result in an immediate ejection from the game and suspension from the league.
- 6. Compliance with these rules will help ensure the kids have a safe, fun, and enjoyable youth sports experience.
- At the conclusion of the Pre-Game Meeting, the official game start time will be announced by the umpire.

Survey

- At the end of each season, we will email a brief (3-5 minute) online survey to all coaches and parents.
- Please take the time to offer us constructive feedback so we can continue to improve all aspects of our operations and service.

Questions?



JC PARKS

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Thanks, again!

- Thanks again for coaching & for your time and efforts.
- We are all working together to provide a safe, fun, and enjoyable experience for the kids in our community.

