



**25<sup>th</sup> Annual Capital City Speedskating Championships**  
**Saturday, December 4, 2021**  
Washington Park Ice Arena  
Jefferson City, Missouri



**US SPEEDSKATING**

[Click here to register for the 2021 Meet](#)

Entry fee: \$30.00 (Family cap of \$90) Entry Closing Date: Tuesday November 30, 2021 5:00 pm  
For entries received after this deadline add an additional \$20 late fee.

**Mail Checks to:** Stephen Atkinson, 12287 CR 4040 Holts Summit, MO 65043

- or -

Pay online [here](#).

Jefferson City Speedskating Club is excited to host our **25<sup>th</sup> Annual Capital City Speedskating Championships** on Saturday, December 4, 2021! This meet is hosted by the Jefferson City Speedskating Club and is sanctioned by US Speedskating. The Jefferson City Parks and Recreation Department is a co-sponsor of the meet.

The Capital City Speedskating Championships will be conducted as an Ability Meet. In this format, all skaters will be grouped by ability for racing based on times and age provided on their entry form. All times, rankings, and awards will only be determined within each ability group. Most skaters should anticipate participating in six races. Preliminary heats with A and B Finals will be conducted when possible. Points will be awarded within an ability group based on the lowest finals time in a distance in respective A and B final. If multiple skaters have the same cumulative number of points after racing is concluded ties will be broken by the better finish of the first distance skated for the ability group. Awards will be presented for each ability group and distance raced. A skater must race all distances for an overall award, unless ill. Helmet covers will be issued. Relays will be held at end of meet, time permitting.

- **Check-In Time:** 7:30am – 8:30am
- **Warm Up:** 8:25am (Age 11 and older) 8:40am (Age 10 and younger)
- **Racing Time:** 9:10am - 1:00 pm (estimated end time)

**Skater Requirements:** Skater must be a current member of U.S. Speedskating. Skaters must wear hard-shell helmet, neck guard, shin guards, gloves, and full-length sleeves, and pants that fully cover arms and legs. Skater must have primary medical/accident health insurance.

**Facility:** Double safety padding will be placed in the curves coming out of turns. The Washington Park Ice Arena has a 85 feet wide by 200 feet long ice sheet containing the 111.12-meter oval track. Concessions will be available. The phone number for the arena is (573) 634-6580. Directions: [Map to Washington Park Ice Arena](#)

**Lodging:** [Here](#) is a link to Jefferson City hotels.

**Meet Help:** Help is always appreciated. If you want to help contact Co-Meet Directors Paul Rudder [paulrudder@live.com](mailto:paulrudder@live.com) (573) 645-3931 or John Van Eschen [john.vaneschen@psc.mo.gov](mailto:john.vaneschen@psc.mo.gov) (573) 680-7607.

JCSSC reserves the right to reject any entry, delete or combine events as it sees necessary.

JCSSC's website at <https://www.icssc.org> will provide meet cancellation notice in the event of inclement weather. The website will post meet results immediately at the conclusion of the meet.

**About the Jefferson City Speedskating Club (JCSSC):** JCSSC is sponsored by the Jefferson City Parks and Recreation Department and is a member of U.S. Speedskating. The club was originally organized in 1970. For practice schedules and additional information about JCSSC see the club's website at [www.icssc.org](http://www.icssc.org).

For additional information contact: Co-Meet Directors  
Paul Rudder [paulrudder@live.com](mailto:paulrudder@live.com) (573) 645-3931 or  
John Van Eschen [john.vaneschen@psc.mo.gov](mailto:john.vaneschen@psc.mo.gov) (573) 680-7607

**Ability Meet!!! Ability Meet!!! Ability Meet!!! Ability Meet!!!**