Youth Volleyball Rules

1. The National Federation of High School Volleyball Rules will govern play.
2. All members of both teams must line up at the backline prior to the first game and shake hands with the opponents when directed by the official. The starting players will then proceed to their starting positions.
3. Modified & Competitive divisions and 5-9th grade rec: matches will be played with rally scoring to 23 with a 25 point cap. 2nd – 4th grade rec: matches will be played with a 13 minute time limit.
4. Game time is forfeit time. Teams must have at least four players ready to play at game time or the match will be forfeited. Ten minutes will be allowed to elapse before the second and third matches are declared forfeits. Teams shall change courts after each game.
5. Substitutes may enter the game only in the center-back position unless an injury occurs. A late arrival must wait to rotate in until her team has the service. Modified and Competitive Teams: may choose to use club rotation with libero as long as the opposing team and official are alerted to this before your match.
6. Substitution is unlimited, unless in the opinion of the official, he/she considers a team to be using substituting as a method of stalling.
7. Each team must supply a person to watch the lines for each game. (Line Judge)
8. A ball may be played off the ceiling on the same side of the net, but a ball hitting the ceiling and crossing the net will be dead. Balls hitting basketball goals are also out of play, unless in the opinion of the official, the ball could have been played (in that case a reserve will be called).
9. Service Toss: If the ball, after having been tossed or released by the server, lands without touching the player, it is considered a service tossing error. After a service tossing error, the referee must authorize the service again, and the server must execute it within the next five seconds. One service tossing error is permitted for each service.
10. Serving Line: The serving line is 10 feet for 2nd Grade, 15 feet for 3rd Grade & 4th Grade Rec B. It is 20 feet for 4th Grade Rec A, 5-6 Rec, 5-6 Modified, U11/12 competitive, & 7-9 Rec. For 7-9 Modified & U13/14 Competitive the serving line will be 30 feet which is the back line.
11. Violations such as lifting, carrying, and spiking are judgment calls and are not protestable.
12. Intentional kicking is not allowed. Unintentional or inadvertent contact below the waist will be allowed, but intent is a judgment call by the official.
13. 2nd & 3rd grade rec: A first received ball may be double-hit excluding fingertips.
14. Net contact (any part of the net) by player is not allowed.
15. Score will be kept in the modified/competitive leagues and the 5-9th grade rec leagues. Standings will be kept in the modified/competitive leagues and 5-9th grade rec leagues with league champions being awarded medals (1st and 2nd place). Standings will be posted on-line at www.teamsideline.com/jeffersoncity.