

Read this entire packet before registering a team. For cancellation information due to inclement weather check the JC Parks website at www.jcparks.com

## ADULT SLOW-PITCH SOFTBALL SPRING 2024

THESE ARE WARM-UP LEAGUES. NO STANDINGS WILL BE KEPT AND NO AWARDS GIVEN

TUESDAY
MEN'S DH LOW

THURSDAY
MEN'S DH HIGH COREC LOW

DH - Double Header Leagues
AGAIN THIS YEAR - HIGH AND LOW LEAGUES! Please register your team for the league that best fits your skill. All leagues use one umpire.

## REGISTRATION INFORMATION

1. Participants register as a team. Individuals wanting to play should contact the JC Parks office or email through Teamsideline.com/jeffersoncity. A list of players wanting to play is kept by the Program Manager for captains looking for players.
2. Registrations will be accepted January 29 - March 8, 2024.
3. To register, complete the roster form and return it to the JC Parks office along with your team fee and forfeit fee deposit.
4. Registration fees for the 2024 Spring softball leagues are as follows:

| Leagues | Team Fee |  | Team Fee After March 8 |
| :--- | :--- | :--- | :--- | :--- |
|  | $\$ 135$ | $\$ 155$ |  |
| Single Game Leagues-3 games | $\$ 2$ |  |  |
| Double-Header Leagues- 6 games | $\$ 270(6$ games $)$ | $\$ 290$ |  |

5. Checks should be made payable to Parks and Recreation. NO REFUND OF ENTRY FEE WILL BE MADE UNLESS PARKS AND RECREATION CANCELS A PROGRAM OR PORTION THEREOF.
6. Registrations will be accepted on a first-come-first-served basis. Team managers should pick a backup night in case their first choice is not available.
7. Each league will consist of a maximum of six teams in the single game leagues and four in the double-header leagues unless the Program Manager deems it necessary to schedule more teams per league to accommodate demand.
8. Play will begin the week of April 8 for all leagues.
9. Game times will be $6: 15,7: 15,8: 15$, \& possibly $9: 15$ p.m.
10. Acceptance of a team registration is interpreted to mean that the team manager and all players are thoroughly familiar with this packet and agree to abide by all rules and regulations stipulated within.

## ROSTERS

If you are a returning team and would like a copy of your roster from last year, you can email aweeks @jeffersoncitymo.gov or and put "Roster Request" in the subject box. Include the manager's name, league, and night for the roster you want so we can email it roster to you.

## SCHEDULES

Schedules and make-up games will be posted on-line only. Go to the JC Parks website at www.jeffersoncitymo.gov/parks, or go directly to www.teamsideline.com/jeffersoncity. Then find Adult Spring Softball and your league.

## FOR INFORMATION CONCERNING GAME CANCELLATIONS DUE TO INCLEMENT WEATHER Call the Linc at 573-634-6482 or check the JC Parks website at www.jcparks.com

## SOFTBALL RULES AND REGULATIONS

This program is designed to provide a quality leisure experience for participants by providing an opportunity to enjoy physical activity while deriving the many positive benefits of sport. It is not meant to be, and will not become, an intensely competitive program in which participants place the importance of winning ahead of sportsmanship and fun.

## ELIGIBILITY

1. A team roster consists of no less than twelve and no more than eighteen players.
2. Players may be added to the team roster until the determined "freeze" date. The addition of a player(s) may be done by the team manager in several ways:
a. in person at the JC Parks Department;
b. by email to aweeks @ jeffersoncitymo.gov;
c. by calling 573-634-6563 and leaving a message with the name, work/cell phone numbers of the player(s) you wish to add.
3. Players must be at least eighteen (18) years of age to participate in the adult softball leagues.
4. A player may only play on one team in any division. For example, a player may not play on two teams in the Monday Men's High division, but may play on one team in the Monday Men's High division and one team in the Wednesday CoRec Open division.

## REIMBURSEMENT FEE DUE TO FORFEIT

Any team who forfeits a regularly scheduled game, and the opposing team does not get to play what would be equivalent to such, will be assessed a $\$ 45$ reimbursement fee. This fee represents the per game fee and reimburses the team for the game they did not get to play. Every effort will be made to keep track of forfeits and forward the reimbursement fee to the manager of the opposing team. However, it is ultimately that manager's responsibility to notify JC Parks of the forfeit within 48 hours in order to guarantee collection of the fee. Calling JC Parks ahead of time to forfeit a game does not exempt teams from paying the reimbursement fee unless approved by the Program Manager.

## PLAYER/TEAM CONDUCT

1. All players and teams are expected to conduct themselves in a good sportsmanlike manner.
2. Undue harassment of the official(s) before, during, or after the game may result in the ejection of the individual(s) involved. Any player, coach, or fan who is ejected from a game and reported to the Program Manager by a sports official or department representative will be removed from the program.
3. After an ejection, the individual ejected must immediately leave the field and spectator area. Failure to do so or continued harassment of the official may lead to forfeiture of the game by that player's team.
4. REMOVAL FROM THE PROGRAM: Any player who strikes, attempts to strike, or verbally threatens an official; who fights with another player; or who is ejected for unsportsmanlike behavior will be removed from any and all teams on which that individual plays. This suspension is for one calendar year and includes all teams and in all sports on which that person plays.
5. Any team or individual who intentionally damages park property will be billed for the full replacement cost of said property and will be suspended from all JC Parks programs until such restitution is made.
6. Any team or individual who fails to heed the request of on-site JC Parks personnel regarding program operation or facility care will be suspended from all JC Parks programs until he/she/they submits a written account of the incident and is reinstated by the Director or Assistant Director of Parks and Recreation.
7. The Parks and Recreation Department may lengthen any suspension for any length of time and seek the maximum penalty under USA Softball jurisdiction, if circumstances so warrant.

## SMOKING/ALCOHOL

1. Smoking or use of any type of e-cigarette is not permitted on the fields, in the coaching boxes at first and third bases, or in the dugouts.
2. Alcohol is not permitted on the field, in the coaching boxes, or the dugouts. Glass bottles are prohibited everywhere in the park. Players or coaches refusing to heed this rule are liable for ejection.
3. Fans and players under the influence of alcohol will be asked to leave the premises. Failure to do so will result in the forfeiture of the game and removal of the individual from the program.

## UNIFORMS

There will be no uniform restrictions in JC Parks league play, except as stipulated herein:

1. Players must wear shirts and shoes at all times; (no sandals).
2. Metal spikes are prohibited in all leagues. No hard plastic, polyurethane spikes or shoes with detachable cleats are allowed.
3. Exposed jewelry such as wrist watches, bracelets, all types of earrings and neck chains, or any other item judged dangerous by the umpire may not be worn during the game. Medical alert bracelets/necklaces are not considered jewelry, but must be taped to the body if worn. Penalty for refusal can be ejection.

## GAME PROCEDURES

All games will be played according to the official rules of USA Softball except as noted herein:

1. Game time is forfeit time. Each team must have at least eight players ready to play at game time. If ten players are present, all must play. If a team starts a game with ten players and loses one or two they may continue without being penalized with an out, but if at any time, the number drops to seven or less the game is forfeited except as in \#3 below. If a team plays with eight players or injury puts a team down to eight players it is NOT an out when the ninth or tenth spot comes to bat. In the case of an injury, the injured player(s) may not re-enter the game. If a co-recreation team is playing with nine players, a $5 \mathrm{w} / 4 \mathrm{~m}$ combination must be used; with eight players a $4 \mathrm{w} / 4 \mathrm{~m}$ combination must be used.
2. When a program participant is bleeding, has blood on his/her person or clothing, or has an open wound, he/she must leave the activity for appropriate treatment including bandaging as necessary to prevent recurrence. In all adult sports, each team should be equipped with first aid supplies including ice, rubber gloves, bandages for treatment of wounds, and 70\% isopropyl alcohol solution for disinfecting skin and uniforms.
3. In all adult softball leagues, if medical care or treatment can be administered in a reasonable amount of time, the individual would not have to leave the game. The length of time considered reasonable is umpire judgment. A player missing a turn at bat as a result of enforcement of this rule shall not be penalized. If a team falls below eight players as a result of this circumstance only, the game may continue for a maximum of one inning while treatment is administered.
4. Batters will start with a 1-1 count; NO courtesy foul will be given.
5. There is no stealing or leading off in any adult slow-pitch league.
6. Pinch runners are allowed in two types of situations:
a) In the case of an injury - A pinch runner is only allowed on the play in which the injury occurred. For example: If the batter gets hurt while running to first base, he/she may ask for a pinch runner. However, once the injured player gets a pinch runner and leaves the field, he/she will either have to bat and run their next time at bat or leave the game. In other words, the batter cannot continue to bat and have someone else run for them.
b) USA pinch runner rule - Each team is allowed one pinch runner per inning. The runner must be the same gender as the person they are replacing. Warning - If the pinch runner's turn at bat comes up while he/she is on base, it will be an out.
7. There are no restrictions on team sponsorship.
8. Umpires will provide each manager with a line-up card which must be properly completed and returned at game time. Umpires will record the score by innings on Score Validation Cards. The home team in each game will be responsible for providing a scorekeeper to assist in verification of the official score between innings. Once the score is recorded and the next inning has begun the Score Validation Cards will be official and beyond question. Managers of both teams must sign the card after each game. Refusal to sign this card will constitute a forfeit.
9. All leagues will be provided with the same ball, a Worth OR Dudley yellow synthetic leather cover ball with a COR rating of .52 and a ball compression of 300 lbs ., by JC Parks to each team at the beginning of the season. Men's teams will get 12 " balls. Co-Rec teams will get both $12^{\prime \prime}$ and $11^{\prime \prime}$ balls. Each team will be responsible for providing the balls they use when at bat. The team at bat will be responsible for getting another ball to the umpire if one is hit out of play. The game will not be delayed while someone shags the ball that was hit out. Teams may provide their own ball as long as it is $\mathbf{. 5 2}$ COR / 300 lbs . compression and clearly shows the USA certification stamp. No fee discount will be given to teams wishing to provide their own balls.
10. NO new inning may begin after 60 minutes have expired in any game. In any game in which the score differential is 8 runs or more, no new inning will begin after 55 minutes have expired. A new inning begins immediately after the final out of the previous inning. Game time begins after the home plate conference.
11. Games which are tied at the end of the time limit or seven innings will be broken using the international rule. At the start of the next inning the offensive team shall place the previous inning's last batter on $2^{\text {nd }}$ base.
12. A game will be terminated and considered complete when one team has a 20 run lead after 3 innings, 15 after 4 or 10 after 5 . If a game is called for any other reason, except a forfeit, 4 innings will constitute a complete game.
13. Pitchers will be allowed a maximum of 3 warm-up pitches within 1 minute before each half inning. This minute begins immediately following the final out of the previous half inning.
14. All teams will use continuous batting order and unlimited substitution. All players who show up for a game are listed on the batting order and bat. Any ten of these players can play defense at any time and do not have to report to the umpire. Once the batting order is given to the umpire it may not be changed except to add players at the end of the order.
15. In all Co-Recreation leagues slow-pitch rules apply with these exceptions:
a) 5 men and 5 women play simultaneously on defense (a $4 \mathrm{w} / 4 \mathrm{~m}$ or $5 \mathrm{w} / 4 \mathrm{~m}$ combination are the only other combinations permissible). There are no defensive position restrictions. Anyone can play any position.
b) A continuous batting order must be used. The batting order will always alternate male and female even when one gender outnumbers the other. All players present are listed on the line-up card and bat during the game. When a team has an unequal number of male/female players the line-up card is divided in half listing the men's batting order on one side and the women's on the other side. Batters then alternate male/female and they then need only concentrate on which male or female they follow in the separate batting order (If you have questions please call the Program Manager).
c) Substitutions are permissible by gender only, both offensively and defensively.
d) Unlimited substitutions on defense are allowed. Each inning, ten different players (5 men / 5 women combination) may play defense without leaving the game.
e) A walk to a male batter will result in a two base award and the female has to bat. With two outs, if the male batter receives a base on balls, the female batter has her choice of batting or receiving an automatic walk.
16. Pitches must be delivered with a perceptible arc and reach a height of at least 6 feet while not exceeding a height of 10 feet from the ground.
17. All game officials will have the authority to order any player, manager, coach, captain, trainer or fan, to do or refrain from doing any act which, in their judgment, is necessary to give force and effect to one or all rules and regulations.
18. A rules interpretation protest will be considered only if the following conditions are met:
a) The manager of the protesting team must notify the umpire prior to the final out of the game that the game is being played under protest.
b) The protest must be filed with the JC Parks office within 24 hours after the completion of the game in question.
c) The written protest must contain the following:
i. Date, time, and place of game;
ii. Name of umpire, if known;
iii. The specific rule and section of the official rules being protested;
iv. The decision and conditions surrounding the making of the decision;
v. All essential facts involved in the protest;
d) PROTESTS BASED ON UMPIRES JUDGEMENT WILL NOT BE CONSIDERED.
19. Any protest which is upheld by JC Parks will be replayed only if it affects the league championship.

## RESCHEDULING

1. Games may be cancelled due to inclement weather or other circumstances beyond our control.Schedules will be updated on-line when games are cancelled and rescheduled, so please check the website regularly. www.teamsideline.com/jeffersoncity.
2. JC Parks may reschedule for any day, field, or time in order to complete the league schedule.
3. If a team is unable to play a rescheduled game which is on the same night they normally play, they will be responsible for paying the reimbursement (forfeit fee) fee to the opposing manager.
4. If a make-up game is rescheduled for a different night of the week and a team is unable to play, they will not have to pay the reimbursement fee. (We make every effort to reschedule games on the same night the teams normally play.)

Jefferson City Parks, Recreation and Forestry Adult Spring Softball 2024

Men's DH Co-Rec DH
Level: High Low Open

| Manager | Team Name |  |
| :--- | :--- | :--- |
| Address | Home/Cell | Work |
| City | Zip Code | E-Mail |


|  | Players | Email Address | Phone |  | Returning Player |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Day/Work | Cell |  |  |
| 1 |  |  |  |  | Yes | No |
| 2 |  |  |  |  | Yes | No |
| \| 3 |  |  |  |  | Yes | No |
| 4 |  |  |  |  | Yes | No |
| ¢ 5 |  |  |  |  | Yes | No |
| 6 |  |  |  |  | Yes | No |
| 7 |  |  |  |  | Yes | No |
| 8 |  |  |  |  | Yes | No |
| 9 |  |  |  |  | Yes | No |
| 10 |  |  |  |  | Yes | No |
| 11 |  |  |  |  | Yes | No |
| 12 |  |  |  |  | Yes | No |
| 13 |  |  |  |  | Yes | No |
| 14 |  |  |  |  | Yes | No |
| 15 |  |  |  |  | Yes | No |
| 16 |  |  |  |  | Yes | No |
| 17 |  |  |  |  | Yes | No |
| 18 |  |  |  |  | Yes | No |

