

JC Parks – Youth Volleyball – League Rules Summary

League	2 nd rec	3 rd rec	4 th Rec	5-6 th Rec	11u/12u Comp.	7-9 th rec
Ball	Volley-Lite	Volley-Lite	Volley-Lite	Volley-Lite	Volley-Lite	Regulation
Net Height	7'	7'	7'	7'	7'	7'4"
Serving Line	10'	15'	15'	20'	20'	20'
Rotation	center back	center back	center back	center back	center back or USAV	center back or USAV w/ libero
Substitution	Unlimited	Unlimited	Unlimited	Unlimited	Unlimited	Unlimited
Time Limit/Score Limit	13 min./game	13 min./game	13 min./game	23 pts/game	23 pts/game	23 pts/game
Warm-Up	n/a	n/a	n/a	n/a	1-3-3	n/a
Rally Scoring	Yes	Yes	Yes	Yes	Yes	Yes
Allow Open Hand Receive of Serve	No	No	Yes	Yes	Yes	Yes
Allow Double Hit Serve	Yes	Yes	Yes	Yes	Yes	Yes
Let/Net Serve Allowed	No	No	Yes	Yes	Yes	Yes
Player allowed to touch net	No	No	No	No	No	No
Service limit per server	3 serves then side out	3 serves then side out	5	5	Unlimited	Unlimited
Service Toss Error	1 per attempt	1 per attempt	1 per attempt	1 per attempt	1 per player	1 per player
Allow to serve underhand	Yes	Yes	Yes	Yes	Yes	Yes
Forfeit limit - # of players to play	4	4	4	4	4	4
Equal Playing Time	Yes	Yes	Yes	Yes	Must play 1 game	Yes
Jewelry Allowed	No	No	No	No	No	No
Line Judge	No	No	No	1 per team	1 per team	1 per team
Intentional Kicking Allowed	No	No	No	No	No	No
Score Kept	No	No	No	Yes	Yes	Yes
Standings Kept	No	No	No	Yes	Yes	Yes