ADULT WINTER VOLLEYBALL 2026-2027

JC PARKS

Registration: August 31 – October13th

Play Begins November 22nd

Team Fee: $240 /Late Fee: $260

For more information, please contact Payton Funk at 573-634-6563 or Pfunk@jeffersoncitymo.gov.

JC Parks and Recreation
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Max # OF TEAMS	MONDAY	TUESDAY	WEDNESDAY
10 Teams	CoRec Low 902071-4E	Women's Medium-Low 902071-4C	CoRec Low 902071-4J
10 Teams	CoRec High 902071-4G	Women's Medium-High 902071-4C	CoRec High 902071-4H

Games will be scheduled fifty minutes apart.

LEAGUE DESCRIPTIONS

Low - This is a slightly competitive recreational league for new and intermediate players. Obvious lifts and carries will be called. **Moderate overhand serves and moderate spiking will be allowed.** Anyone playing in high leagues is not allowed to play in this league. No college, club, travel or high school varsity level players are allowed to play in this league.

Medium - This league is moderately competitive and designed for advanced intermediate players. Teams will be allowed to have up to one travel player (i.e. power league). Lifts and carries will be called more strictly than in the low league. Spiking and overhand serves are allowed. Only one college, club, travel or high school varsity level player is allowed to play in this league per team.

High - This league is competitive and designed for the more advanced volleyball players. Violations relating to lifting and carrying will be enforced according to USA Volleyball rules. Technicalities such as proper setting position will be enforced. Spiking and overhand serves are allowed. **Participants in High volleyball must release the ball on the serve**. Anyone playing in high league is not allowed to play in low league.

REGISTRATION INFORMATION

1. Participants register as teams. A list of individual players looking for a team on which to play is also is available at the Linc. Contact Payton at 573-634-6563 or Pfunk@jeffersoncitymo.gov for information.
2. **The registration fee is $240 per team**. This fee must be paid at the time the team is registered for the program and is non-transferable after the first scheduled game.
   ***LATE FEE: $260** - Registrations received after 5 p.m. on the designated deadline date for a program are not guaranteed placement in the program. Fees will increase for those allowed to register after the deadline where there is still space available.
3. Registration is held August 31st – Oct 13. Registrations will be accepted on a first-come-first-served basis.

4. Whenever possible, depending on the number of teams per division, the first round of games during the season will be used as a means to seed teams in a play-off tournament bracket which will determine the division champion (This format may not be used in all leagues).
5. Teams will not necessarily play every other team in their division the same number of times or at all.
6. **Each division will consist of a 10-match schedule with typically one match per week.** Some Divisions may include a couple of double-headers if needed. JC Parks reserves the right to schedule more teams and adjust the schedule to accommodate demand.
7. To register a team, complete the attached roster form and return it to the JC Parks office. Checks should be made payable to JC Parks. NO REFUND OF ENTRY FEE WILL BE MADE UNLESS JC PARKS CANCELS A PROGRAM OR PORTION THEREOF.
8. The person registering a team must be either the manager or a player on the team. *A person may only register <u>one</u> team per division*.
9. **The program will begin November 22nd.**
10. Each roster must be composed of a minimum of 8 and a maximum of 12 participants.
11. A team consisting of at least 5 players from the previous season's roster may not win the same division more than twice in any one year period. After winning the same division for the second time in a one year period, a team wishing to compete for the championship and awards must move up to the next higher division. If a team chooses to stay at the same level, it will not be eligible to compete for the championship awards for one year. This does not apply to the CoEd High and Women's High divisions. Likewise, a team which had a .500 or better record during the immediately preceding season cannot drop to a lower level. If a team with a .500 or better record and 5 or more players from the previous roster drops to a lower league, that team will be declared ineligible for that division title and awards. THERE WILL BE NO REFUND OF FEES.
12. Acceptance of a team registration is interpreted to mean that the team manager and all players are thoroughly familiar with this packet and agree to abide by all rules stipulated within.
13. ***<u>REIMBURSEMENT FEE DUE TO FORFEIT</u>***
    Any team who forfeits a regularly scheduled match, and the opposing team does not get to play what would be equivalent to such, will be assessed a $21 reimbursement fee. The $21 will be forwarded to the manager of the opposing team. This fee represents the per match fee and reimburses the team for the match they did not get to play. Every effort will be made to keep track of forfeits and forward the reimbursement fee to the manager of the opposing team. However, it is ultimately the manager=s responsibility to notify JC Parks of the forfeit within 48 hours in order to guarantee collection of the fee. **Calling Parks and Recreation ahead of time to forfeit does not exempt teams from paying the reimbursement fee** unless approved by the Program Manager. If your team does forfeit, you will be contacted to remind you of the charge.

<u>RULES AND REGULATIONS</u>

OBJECTIVES

This program is designed to provide a quality leisure experience for the participants by providing an opportunity to enjoy physical activity while obtaining the many positive benefits of sport. It is not meant to be, and will not become, an intensely competitive program in which participants place the importance of winning ahead of <u>sportsmanship and fun</u>.

ELIGIBILITY

1. ALL participants, this includes substitutes, must be recorded on the official team roster to be eligible to play in the adult volleyball program. Any team found using a non-rostered player will forfeit all games/matches in which the person(s) in question participated. **Rosters are frozen half-way through the season.** After that time players may not be added or dropped. The only exceptions would involve replacing an injured player who is able to provide written verification from a doctor (all letters of this nature must be on the doctor's business letterhead or stationary) that he/she is unable to continue playing, or under special circumstances as approved by the Program Manager.
2. All team rosters must be submitted and maintained through the JC Parks online registration system. Team managers are responsible for adding and removing players from their official team roster by logging into their account and navigating to **Teams → Update Team → Add/Remove Player**. All players must have their name, date of birth, email address, and phone number listed on the roster.
3. Players must be listed on the official team roster by **5:00 p.m. on the day of their scheduled game** to be eligible to participate. If a team uses a player who is not listed on the official roster, and the opposing team protests their participation, the game will be forfeited if the violation is verified by the Program Manager.
4. All players must be able to provide a valid photo ID upon request by a game official or program supervisor. Team managers are responsible for ensuring their rosters are accurate and up to date throughout the season.
5. All players must be 16 years of age as of November 1, 2027.
6. **NO player may play or sub on more than one (1) team in the same division**.

PLAYER/TEAM CONDUCT

1. All players and teams are expected to conduct themselves in a good sportsmanlike manner.
2. **Undue harassment of the official before, during, or after a game may result in the ejection of the individual(s) involved from the game/match.** Any player, coach, or fan that is ejected from a game by a sports official or JC Parks representative, will be suspended from attendance and participation in his/her team's next match. Depending on the severity of the situation, the suspension may last the remainder of the season and possibly go into next season as well.
3. After an ejection from the match, the individual(s) ejected must immediately leave the court and spectator area. Failure to do so or continued harassment of the official may lead to a second ejection and forfeiture of the match by that player's team. If the game is forfeited for this reason the team will be required to pay a re-entry fee.
4. REMOVAL FROM THE PROGRAM: Any player who strikes or verbally threatens to strike an official; who fights with another player; or who is ejected for unsportsmanlike behavior for the second time within one season will be suspended from participation for the remainder of the program's season.
5. Any team or individual who intentionally damages a facility or equipment being used for JC Parks play will be billed for the full replacement cost of said property and will be suspended from all JC Parks programs until such restitution is made.
6. Any team or individual who fails to heed the request of on-site JC Parks personnel regarding

program operation or facility care will be suspended from all JC Parks programs until he/she/they submits a written account of the incident and is reinstated by the Program Manager.

7. The JC Parks Department reserves the right to lengthen any suspension for any length of time if circumstances so warrant.

SMOKING/ALCOHOL

1. Use of tobacco products or e-cigarettes of any type is not permitted in any facility used for this program.
2. Alcoholic beverages are not allowed on Linc property or anywhere these leagues may play, including the gymnasium and the parking lot.
3. Fans and players in possession of or under the influence of alcohol will be asked to leave the building. Failure to do so will result in forfeiture of the match and removal of the individual involved from the league.

SPECTATORS

1. All spectators under the age of 8 **must be accompanied** by a non-player who is 16 years of age or older.
2. Any disruptions from spectators could result in the forfeiture of a game(s). This will be at the discretion of the official.

UNIFORMS

1. All players must wear athletic shoes. Players will not be allowed to play barefoot or in socks only. No players will be permitted to play in street shoes of any type. Players are asked to carry, not wear, their game shoes into the gym: dirty and/or muddy shoes will not be permitted.
2. All players must wear a shirt.
3. There will be no uniform restrictions other than as mentioned above.
4. **Jewelry may not be worn** (except smooth wedding bands) while participating in adult volleyball. Players with casts or splints on the fingers, hands, or arms will not be permitted to play.

GAME PROCEDURE

All games will be played according to MSHSAA rules except as stipulated herein.

1. Game time is forfeit time. **Each team must have at least four players ready to play at game time or the first set will be forfeited.** Ten minutes will be allowed to elapse before the second and third sets are declared forfeits. When, for any reason, a team is reduced to less than four (4) players, the remaining sets will be forfeited (except as stated in #10 below).
2. Each match will consist of three rally scoring games to 23 with a 25 point cap. Sets must be won by two.
3. **Division standings will be kept by sets.** Individual awards will be given to each championship team. Should a tie occur head-to-head competition will be used to determine the champion. If that does not produce a winner, a play-off match(es) will be scheduled to determine the champions.
4. Only the rotation method of substitution is permissible. **Players may only enter the game in the "center-back" position**. In the event of a sixth player arriving late or an injury, all players will rotate to allow the substitute for the late or injured player to enter in the "center-back" position. A late arrival must wait to rotate in until his/her team has the service.

5. The use of a Libero player will not be allowed.
6. Substitution in Parks and Recreation play is unlimited, unless in the opinion of the official, he/she considers a team to be using substituting as a method of stalling.
7. Teams shall change courts after each set of a match.

8. When any program participant is bleeding, has blood on his or her person or clothing, or has an open wound, he or she must leave the activity for appropriate treatment including bandaging as necessary to prevent recurrence. In all adult sports, each team should be equipped with first aid supplies, including rubber gloves and bandages for treatment of wounds and 70% isopropyl alcohol for disinfecting skin and uniforms.
9. In all adult volleyball leagues the official may call a time-out and give the player/manager a reasonable amount of time to take care any situation involving blood on a uniform/person/floor. If, in the opinion of the official, time becomes excessive the game will proceed with a substitute entering for that player. In the event that a substitute is not available, the team will play short until the wound and blood have been properly cared for. If a substitute is used, all regular substitution rules will apply.
10. **A ball may be played off the ceiling on the same side of the net, but a ball hitting the ceiling and crossing the net will be dead**. Balls hitting basketball goals are also out of play, unless in the opinion of the official, the ball could have been played (in that case a reserve will be called).
11. **Service Toss:** If the ball, after having been tossed or released by the server, lands without touching the player, it is considered a service tossing error. After a service tossing error, the referee must authorize the service again, and the server must execute it within the next five seconds. **One service tossing error is permitted for each service.**
12. Service will be allowed from anywhere behind the end line.
13. Continuation of play **will be allowed** if a served ball touches the net and then crosses the net to the opponents within the crossing space.
14. Violations such as lifting, carrying, and spiking are judgment calls and are not protestable.
15. **Whole body digging will be allowed** (the ball may be played off any part of the body).
16. In Co-Recreation leagues, when a team is playing with only four or five players a 2/2 or 3/2 combination must be used. One man and four women, for example, is not permissible. In the event of an injury which puts a team under the 2/2 combination the match is forfeited. A team may play with four women and two men, but if a team has four men and two women at a game they must play 3/2 and use the extra male as a substitute.
20. A first received ball may be double-hit excluding fingertips.
21. Each team is allowed two 30 second timeouts per game.
22. JC Parks will supply the game ball.
23. There are no restrictions on team sponsorship.
24. Referees will record the score on a Score Validation Card which must be signed by the manager of both teams following each match. Refusal to sign the Score Validation Card constitutes a forfeit.
25. Forms are available on which a team manager/coach may express their complaints concerning officials. Action will be taken by JC Parks only on written complaints.
26. All game officials will be approved by JC Parks and will have the authority to enforce all rules and regulations. They will have the authority to order a player, manager, coach, captain, fan, or trainer to do, or refrain from doing, any act which, in their judgment, is necessary to give force and effect to one or all rules and regulations.

27. If a match is forfeited the officials will work a "practice" game during the time slot involved. However, the same league rules apply and a player may be ejected and suspended for unsportsmanlike behavior. If the team which has shown up would rather use the time for practice they may do so. The officials will call the scrimmage if requested.

28. A protest will be considered only if the following criterion are met:
    1) the manager of the protesting team must notify the referee before the next serve that the remainder of the match is being played under protest:
    2) the official will make note of the facts involved and notify the opposing team that the match is being played under protest. The match will then continue:
    3) the protest must be filed in writing within 24 hours of the completion of the game with JC Parks (the sports official complaint form is not a protest). This filing must be made by the manager and must be accompanied by a fee of $5.00;
    4) the written protest must include the following:
        a) date, time, the teams involved, and facility;
        b) name of the official;
        c) the rule and section of the official rules book being challenged;
        d) the decision of the official;
        e) conditions involved with the decision and any additional facts involved with the protest.

    PROTESTS BASED ON REFEREE JUDGEMENT WILL NOT BE CONSIDERED.
29. Any protest which is upheld will be replayed only if it affects the league championship.

RESCHEDULING/CANCELLATIONS

1. Information regarding cancellations during inclement weather will be available by calling the Linc at (573)634-6482 or checking the JC Parks website at https://www.jcparks.com/cancellations/.
2. JC Parks reserves the right to reschedule for any day or time when it becomes necessary to do so to complete the league schedule. If a team is unable to play on the rescheduled day (if it is on a different night than what they normally play) they will not have to pay the re-entry fee, but the game will count as a forfeit loss on their record.
3. **Managers will be notified by email of any rescheduling**. If the manager has not been notified within one week of the cancellation, it is the manager's responsibility to call the Parks and Recreation office for the rescheduling information.
4. New in Fall 2025: After 2 Make-Ups, if a team has played at least 80% of their games (5 of 6, 8 of 10, 10 of 12, etc.), the season is complete, and a prorated refund will not be given

LEAGUE STANDINGS and Schedules

League standings and schedules are posted on the JC Parks APP